



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**13**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Turkey (0-4 TBSP)  
 Puree Carrots (0-4 TBSP)  
 Puree Banana/blue berry (0-4 TBSP)

**20**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Chicken (0-4 tbsp)  
 Puree peas (0-4 tbsp)  
 Puree pears (0-4 tbsp)  
 Yogurt (0-8 oz)

**27**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**7**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Ham (0-4 TBSP)  
 Puree Green beans (0-4 TBSP)  
 Apple sauce (0-4 Tbsp)

**14**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Turkey (0-4 TBSP)  
 Puree Carrots (0-4 TBSP)  
 Puree Banana/blue berry (0-4 TBSP)

**21**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Chicken (0-4 tbsp)  
 Puree peas (0-4 tbsp)  
 Puree pears (0-4 tbsp)  
 Yogurt (0-8 oz)

**28**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**1**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**8**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Ham (0-4 TBSP)  
 Puree Green Beans (0-4 TBSP)  
 Apple sauce (0-4 Tbsp)

**15**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Turkey (0-4 TBSP)  
 Puree Carrots (0-4 TBSP)  
 Puree Banana/blue berry (0-4 TBSP)

**22**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Chicken (0-4 tbsp)  
 Puree peas (0-4 tbsp)  
 Puree pears (0-4 tbsp)  
 Yogurt (0-8 oz)

**29**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**2**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**9**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Ham (0-4 TBSP)  
 Puree Green Beans (0-4 TBSP)  
 Apple sauce (0-4 Tbsp)

**16**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Turkey (0-4 TBSP)  
 Puree Carrots (0-4 TBSP)  
 Puree Banana/blue berry (0-4 TBSP)

**23**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Chicken (0-4 tbsp)  
 Puree peas (0-4 tbsp)  
 Puree pears (0-4 tbsp)  
 Yogurt (0-8 oz)

**30**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**3**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Beef (0-4 tbsp)  
 Puree Squash (0-4 tbsp)  
 Puree Banana (0-4 tbsp)  
 Cottage cheese (0-4 oz)

**10**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Ham (0-4 TBSP)  
 Puree Green Beans (0-4 TBSP)  
 Apple sauce (0-4 Tbsp)

**17**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Rice Cereal (0-4 Tbsp)  
 Puree Turkey (0-4 TBSP)  
 Puree Carrots (0-4 TBSP)  
 Puree Banana/blue berry (0-4 TBSP)

**24**  
 Breast Milk (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 months  
 Formula (4-6 oz) 0-5 months  
 (6-8 oz) 6-11 Months  
 Infant Oatmeal Cereal (0-4 Tbsp)  
 Puree Chicken (0-4 tbsp)  
 Puree peas (0-4 tbsp)  
 Puree pears (0-4 tbsp)  
 Yogurt (0-8 oz)



This institution is an equal opportunity provider.  
 Menu is subject to change without notice

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